DOCUMENT RESUME

ED 345 439 EC 301 200

TITLE	Focus on Nutrition. MCH Program Interchange.
INSTITUTION	National Center for Education in Maternal and Child Health, Washington, DC.
SPONS AGENCY	Health Resources and Services Administration (DHHS/PHS), Rockville, MD. Office for Maternal and Child Health Services.
PUB DATE	Mar 92
CONTRACT	MCU-117007
NOTE	28p.
PUB TYPE	Reference Materials - Bibliographies (131)
EDRS PRICE	MF01/PC02 Plus Postage.
DESCRIPTORS	Acquired Immune Deficiency Syndrome; Breastfeeding; *Child Health; Chronic Illness; *Dietetics; Disabilities; Eating Habits; *Nutrition; *Pregnancy; Resources

ABSTRACT

This issue of the "MCH Program Interchange" describes selected materials and publications in maternal and child health (MCH) nutrition services and programs. The materials were developed by or are available from federal agencies, state and local public health agencies, and voluntary and professional organizations. The information is intended to encourage communication and stimulate the planning, development, and provision of improved nutrition services to MCH populations. Information is included on several landmark publications such as "Healthy Children 2000," "Healthy Communities 2000," "Improving America's Diet and Health," and "Second Follow-up Report to the Surgeon General's Workshop on Breastfeeding and Human Lactation." Other publications cover such topics as human immunodeficiency virus, nutrition during pregnancy, breastfeeding, feeding special children, cystic fibrosis nutrition, heart disease, food safety, microcomputer software, insurance coverage, cholesterol, osteoporosis, and food and drug interactions. The goals and activities of the Maternal and Child Health Interorganizational Nutrition Group are also described. (JDD)

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MCH Program Interchange

Focus on Nutrition

March 1992

EC 301200

National Center for Education in Maternal and Child Health
in conjunction with
MCHB
Maternal and Child Health Bureau

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U.S. Department of Health and Human Services

MCH PROGRAM INTERCHANGE
Focus on Nutrition
March 1992

The *MCH Program Interchange* has been developed by the National Center for Education in Maternal and Child Health (NCEMCH) with support from the Maternal and Child Health Bureau, U.S. Department of Health and Human Services. Designed to promote the cooperative exchange of information about program ideas, activities, and materials among the Title V community, the Interchange provides information about selected materials and publications related to MCH which have been developed by or are available from federal agencies, state and local public health agencies, and voluntary and professional organizations. The materials cited in the Interchange have been incorporated into the MCH Reference Collection at NCEMCH. All items in the Reference Collection are available for loan to those involved in Title V programs, or copies of listed materials can be requested directly from the contributing organizations and agencies. Inclusion of items in the Interchange does not imply endorsement by the Maternal and Child Health Bureau or NCEMCH. **States are encouraged to duplicate the Interchange for sharing with other individuals and agencies within the state.**

This issue of the *MCH Program Interchange* is currently available through the MCH-NET telecommunications system on a pilot basis.

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MCH Program Interchange

Tentative Publication Schedule*
March 1992–June 1992

DATE	FOCUS TOPIC
March 1992	School Health
May 1992	Adolescent Health
May 1992	General Maternal and Child Health Materials
June 1992	Nutrition

** NCEMCH welcomes your suggestions for future focus topics.*

NCEMCH is interested in receiving copies of materials related to these focus topics as well as materials related to other areas of maternal and child health services, including services for children with special health care needs. Materials which would be useful in program development and evaluation, such as tools for needs assessment, policy statements, guidelines and standards, record formats, and special reports, are especially welcome. If you have any materials which you think might be of interest and help to colleagues, please forward *two* copies to NCEMCH at the address noted below.

MCH Program Interchange Editor
National Center for Education in Maternal and Child Health
38th and R Streets, N.W.
Washington, DC 20057
(202) 625-8400

NCEMCH provides information services, educational materials, and technical assistance to organizations, agencies, and individuals with maternal and child health interests. NCEMCH was established in 1982 at Georgetown University, within the Department of Obstetrics and Gynecology. NCEMCH is funded primarily by the U.S. Department of Health and Human Services through its Maternal and Child Health Bureau.

This issue of the MCH Program Interchange provides information about selected materials and publications related to nutrition.

From the desk of Ann Prendergast, M.P.H., R.D.
Chief Nutritionist, Maternal and Child Health Bureau

"Eat Right America"—the theme of National Nutrition Month, March 1992—draws attention to the important role nutrition plays in our lives. Recognizing the vital link between food and health, more consumers are seeking quality nutrition information and practical guidance. The challenge is to provide health and nutrition services for women, children, adolescents, and families that are community based, coordinated, family centered and delivered in a culturally competent way. How to plan and evaluate nutrition services, including education programs, remains an ongoing concern.

To provide leadership to meet this challenge and to promote the year 2000 objectives for the nation and the Maternal and Child Health Interorganizational Nutrition Group's (MCHING) recommendations, several nutrition positions have recently been filled at the Maternal and Child Health Bureau, DHHS. Denise Sofka, R.D., M.P.H., Public Health Nutritionist, joined the staff of the Early Childhood Health Branch in July 1991. Molly Anthony, R.D., Ph.D., will be joining the Division of Maternal and Infant Health. In addition, two regional public health nutrition positions focusing on maternal and child health have been filled in the DHHS Regional Offices: Claude Colimon, R.D., M.P.H., in Region II, and Dianne Clark, R.D., M.P.H., in Region VII. The positions will allow for ongoing consultation and maternal and child health program coordination.

This *MCH Program Interchange* brings you information about current goals, interests, and product developments in MCH nutrition services and programs. The activities of MCHING are highlighted (see next page). Information is included on several landmark publications—*Healthy Children 2000* (page 12), *Healthy Communities 2000* (page 14), *Improving America's Diet and Health* (page 10), *Report of the Expert Panel on Blood Cholesterol Levels In Children* (page 12), *Personnel in Public Health Nutrition for the 1990s* (page 20), and the *Second Follow-up Report to the Surgeon General's Workshop on Breastfeeding and Human Lactation* (page 24). Contributions from state programs in this Interchange include materials on HIV / AIDS, breastfeeding, and prenatal care. This information can be used to encourage communication and stimulate the planning, development, and provision of improved nutrition services to the MCH populations.

Maternal and Child Health Interorganizational Nutrition Group

The Maternal and Child Health Interorganizational Nutrition Group (MCHING) was organized by the Maternal and Child Health Bureau (MCHB), U.S. Department of Health and Human Services, in response to a request from representatives of several organizations to assist in improving and strengthening communication and exchange of information among the federal agencies and national organizations concerned about the nutrition of the nation's mothers and children. The mission and goals of MCHING are:

Mission

Improvement of the nutrition status of mothers, children and families through interorganizational collaboration and action.

Goals

Develop and improve collaboration, communication, exchange of information, and working relationships among national professional and voluntary organizations and key federal agencies concerned with better nutrition for mothers, children, and families.

Provide a forum for policy and program development and advocacy for nutrition services for these populations.

The group initially met in 1987, then held three meetings in 1989–1990, and developed plans for a publication and national workshop which would review pertinent history, policies and major developments, and outline future directions in maternal and child nutrition. Members of MCHING include: The American Dietetic Association, American Public Health Association, Association of Faculties of Graduate Programs in Public Health Nutrition, Association of Maternal and Child Health Programs, Association of State and Territorial Public Health Nutrition Directors, National Association of WIC Directors, and Society for Nutrition Education.

The national workshop, *Call to Action: Better Nutrition for Mothers, Children, and Families,* was held December 6–8, 1990, in Washington, DC. Representatives of 44 voluntary professional, educational and/or non-profit organizations and 14 federal agencies met to set priorities, plan strategies, and outline actions to improve the nutrition of mothers, children, and families. Special emphasis was placed on fostering a collaborative approach to problem solving and program development. Proceedings of the workshop (listed on page 23), which include workshop recommendations, were disseminated to both the public and private sectors to stimulate interest and to enlist the cooperation and support of all who can make a difference in the nutrition of mothers, children, and families.

In 1992 MCHING plans to develop a more formal organizational structure, expand its membership, and further develop coordinated and collaborative activities to implement recommendations and strategies from *Call to Action: Better Nutrition for Mothers, Children, and Families.* For more information contact: Maternal and Child Health Interorganizational Nutrition Group, National Center for Education in Maternal and Child Health, 38th and R Streets N.W., Washington, D. C. 20057. Telephone: (202) 625-8400.

MATERIALS FROM STATE AND LOCAL AGENCIES

Materials in this section are listed alphabetically by state.

Nutrition Council of Arizona Breastfeeding Advocates. **Breastfeeding helper.** (1991). Tucson, AZ: Nutrition Council of Arizona.

Contact: Sue Trombley, Nutrition Council of Arizona, 1913 North Beverly, Tucson, AZ 85712-3604. Telephone (602) 694-5712. $2.00 plus $1.00 postage/handling; volume discounts available.

This two-sided guide, written at the sixth-grade level, is designed to answer questions or concerns that mothers may have about breast-feeding. By sliding the card to any one of the twenty-six topic areas, a concise and informative overview of the issue with instructive suggestions comes into view. This sliding-guide educational tool covers common concerns such as breast creams, extra feedings, inverted nipples, jaundice, latch-on, mastitis, plugged ducts, positioning for feedings, and sore nipples. A Spanish version is being developed.

Georgia Department of Human Resources, Division of Public Health, Office of Nutrition. **Nutrition guidelines for practice: A manual for providing quality nutrition services to ambulatory individuals who are infected with the human immunodeficiency virus or with acquired immune deficiency syndrome.** (1991). Atlanta, GA: Office of Nutrition, Georgia Department of Human Resources.

Contact: Catherine McCarroll, Office of Nutrition, Division of Public Health, Georgia Department of Human Resources, 878 Peachtree Street, N.E., Suite 218, Atlanta, GA 30309. Telephone (404) 894-7600. Available at no cost and will be mailed on a 3-1/2 inch diskette using Word Perfect 5.1 and formatted for printing on a Hewlett Packard LaserJet Series III.

This 200-page manual provides nutrition services guidelines for ambulatory individuals who have been exposed to or who are infected with the human immunodeficiency virus (HIV) or with acquired immune deficiency syndrome (AIDS). The manual is divided into sections according to the population group at risk, e.g., pregnant women, infants, children, adolescents, and adults.

McGuire, D. **Breastfeeding promotion and education efforts as described by local WIC agencies in Illinois**. (1991). Edwardsville, IL: Illinois Department of Public Health.

Contact: Doris McGuire, State Breastfeeding Coordinator, Region IV Office, Illinois Department of Public Health, 22 Kettle River Drive, Edwardsville, IL 62025. Telephone (618) 656-6680. Available at no charge.

This 47-page report summarizes the breastfeeding promotion and education efforts of the 81 local WIC agencies in Illinois. Each agency's activities are described, and methods used by different agencies are listed in a chart.

Massachusetts Department of Public Health, Nutrition Surveillance Working Group. **Guide to core pediatric and pregnancy nutrition surveillance data items**. (1991). Boston, MA: Office of Nutrition, Massachusetts Department of Public Health.

Contact: Office of Nutrition, Massachusetts Department of Public Health, 150 Tremont Street, Boston, MA 02111. Telephone (617) 727-9283. Available at no charge.

This 31-page guide was developed by the Massachusetts Nutrition Surveillance Working Group to ensure that data used for identifying and monitoring pediatric and pregnancy nutrition problems are collected in an accurate and standard manner. It is intended for Massachusetts Department of Public Health principal investigators, project directors/managers, and staff who implement and/or maintain nutrition surveillance or screening systems. A core set of data items are proposed with specific methods for measurement, including protocols and reference standards.

Massachusetts Department of Public Health, Primary Care Division, WIC Program, Office of Nutrition. **Eat well to feel well** (n.d.); **Feeding special children** (n.d.); and **Nutrition guidelines for pregnant women and children with HIV** (1991). Boston, MA: Office of Nutrition, Massachusetts Department of Public Health.

Contact: Office of Nutrition, Massachusetts Department of Public Health, 150 Tremont Street, Boston, MA 02111. Telephone (617) 727-9283. Available at no charge.

Eat Well to Feel Well, an eight-panel pamphlet for adults, includes dietary guidance and practical suggestions on the kinds and amounts of food to be eaten when the immune system is weakened. Topics include general feeding suggestions for HIV/AIDS clients, food safety, mouth soreness and problems in swallowing, nausea and vomiting, diarrhea, and calorie boosters with quick and easy tips for snacks.

Feeding Special Children, an eight-panel pamphlet, includes dietary guidance and practical suggestions for feeding children with suppressed immune systems, such as HIV/AIDS. Topics covered include general feeding suggestions, food safety, mouth

soreness and problems in swallowing, nausea and vomiting, diarrhea, and calorie boosters with super snack recipes.

Nutrition Guidelines for Pregnant Women and Children with HIV is a seven-page booklet developed for health providers, educators, and community advocates to increase awareness of nutritional problems, symptoms, and resources to facilitate and/or refer HIV clients for necessary nutritional assessment, monitoring, and intervention.

Murray, P. **Cystic fibrosis nutrition assessment form**. (1990). Concord, NH: Bureau of Special Medical Services, New Hampshire Department of Health and Human Services.

Contact: Patricia Murray, R.D., M.Ed., Bureau of Special Medical Services, New Hampshire Department of Health and Human Services, 6 Hazen Drive, Concord, NH 03301-6527. Telephone (603) 271-4512. Single copies available at no charge.

This four-page nutrition assessment form is designed for use with clients and patients with cystic fibrosis. The assessment has the following categories: diet history; anthropometrics; physical activity; laboratory studies; assessment of nutritional status; notes on how calorie, desirable weight, and protein requirements were determined, and a cystic fibrosis nutrition flow sheet.

Oklahoma State Department of Health, Maternal and Child Health Service. **Prevalence of breastfeeding among Oklahoma mothers**. (1991). Oklahoma City, OK: Maternal and Child Health Service, Oklahoma State Department of Health.

Contact: PRAMS Program, Maternal and Child Health Services, Oklahoma State Department of Health, 1000 N.E. 10th Street, Oklahoma City, OK 73117-1299. Telephone (405) 271-4476. Available at no charge.

This issue of the Oklahoma Pregnancy Risk Assessment Monitoring System (PRAMS) GRAM (Vol.1, No. 3, October 1991) focuses on data collected on the prevalence of breastfeeding among Oklahoma mothers. PRAMS is a population-based survey of Oklahoma mothers shortly after they deliver. The program is funded in part by the Centers for Disease Control and the Maternal and Child Health Bureau. The data from PRAMS have been used to develop and monitor strategies to achieve the *Healthy People 2000* breastfeeding objectives.

Texas Department of Health, Bureau of WIC Nutrition. **Texas breastfeeding videos**. (n.d.). Austin, TX: Bureau of WIC Nutrition, Texas Department of Health.

Contact: Janet Rork, Bureau of WIC Nutrition, Texas Department of Health, 1100 West 49th Street, Austin, TX 78756. Telephone (512) 458-7444. Prices vary depending on quantity ordered.

The Texas WIC Program has produced three videotape programs on breastfeeding. *Yes, You Can Breastfeed* (13 minutes), demonstrates how to breastfeed newborn babies, and is available in English and Spanish. *Breastfeeding—You Can Make The Difference* (13 minutes) was developed for WIC staff training on breastfeeding promotion in WIC programs. *Breastfeeding Basics for WIC staff* is a three-part videotape designed for professionals working with breastfeeding mothers. Part I (32 minutes) covers basic information on breastfeeding. Part II (54 minutes) highlights breastfeeding problems and how to solve them. Part III (27 minutes) discusses breastfeeding aids including such topics as breastpumps, nursing supplementers, bras, and pads.

MATERIALS FROM FEDERAL AGENCIES

Evans, S. K., and Gordner, R. L. **Nutrition and AIDS**. (1991). Beltsville, MD: Food and Nutrition Information Center, U.S. Department of Agriculture.

Contact: Food and Nutrition Information Center, National Agricultural Library, Beltsville, MD 20705. Telephone (301) 504-5719. Available at no charge.

This 23-page bibliography lists current nutrition- and AIDS-related books, conference proceedings, journal articles, selected newspaper articles, patient education brochures, and audiovisual materials published from January 1986 through April 1991 included in the data bases AIDSLINE, AGRICOLA, and ERIC. Items cited include nutrition and the immune system in relation to AIDS; nutrition status and assessment; nutrition and gastrointestinal disorders; specific nutrients; nutritional disorders; diet therapy; risk of HIV transmission; special populations; and nutrition counseling, education, and programs. Specific guidelines are given for requesting materials and organizations and producers to contact for additional information are listed in the appendices.

Gordner, R. L., and Evans, S. **Nutrition and AIDS.** (1991). Rockville, MD: National Library of Medicine.

Contact: Superintendent of Documents, U.S. Government Printing Office, Washington, DC 20402. Telephone (202) 783-3238. $3.00.

This 54-page comprehensive bibliography lists current nutrition- and AIDS-related monographs, conference proceedings and abstracts, journal articles, selected newspaper articles, patient education brochures, and audiovisual materials. The appendices include organizations and producers to contact for more information. Arrangement of the citations is by subject and by media format. Items cited include nutrition and the immune system in relation to AIDS; nutrition status and assessment; gastrointestinal disorders; specific nutrients; risk of transmission in breastfeeding and food handling; nutrition counseling, education, and programs; and special populations.

National Heart, Lung and Blood Institute, Cardiovascular Disease Education Programs. **Publications list.** (1992). Bethesda, MD: Cardiovascular Disease Education Programs, National Heart, Lung and Blood Institute.

Contact: Information Center, Cardiovascular Disease Education Programs, National Heart, Lung and Blood Institute, 4733 Bethesda Avenue, Suite 530, Bethesda, MD 20814-4820. Telephone (301) 951-3260. Available at no charge; may be photocopied.

This 12-page annotated list includes materials which may be ordered from the Information Center of the National Heart, Lung, and Blood Institute. The list is divided into four sections: materials for patients and the public, posters, materials for health professionals, and an order form. Topics include: cholesterol management; high blood pressure control; healthy heart guidelines; and lowering blood pressure. Several materials available in Spanish are listed.

Polhamus, B., and Walsh, C. B. **Nutrition action plans for Head Start children.** (1991). Boston, MA: Region I, DHHS, Public Health Service.

Contact: MCH Nutrition Consultant, DHHS Region I, JFK Federal Building, 14th Floor, Boston, MA 02203 Telephone (617) 565-1459. Available at no cost.

This publication is designed to assist Head Start staff in identifying a child with nutrition problems and in developing an individual action plan to provide the child and family with nutrition care and follow-up. Information and worksheets are included which can be used to develop the written nutrition plan that focuses on identifying and meeting the nutrition needs of individual children. The publication can be used to make more effective use of nutrition health and screening information and to enhance the nutrition skills of teachers, family service workers, family advocates and other staff working with Head Start children.

Thomas, P. R. (Ed.). **Improving America's diet and health: From recommendations to action.** (1991). Washington, DC: National Academy Press.

Contact: National Academy Press, 2101 Constitution Avenue, N.W., P.O. Box 285, Washington, DC 20055. Telephone (800) 624-6242 or (202) 334-3313. $29.95 plus $3.00 shipping/handling.

This 239-page book explores how demographic trends and other factors influence diet, why previous diet intervention programs have failed, and how Americans can be persuaded to adopt healthier eating habits. This book, a follow-up to the National Research Council's *Diet and Health*, consists of a set of overall societal goals and implementation strategy suggestions, as well as an additional set of strategies targeting various sectors including the education community, health professionals, the private sector, and the public sector. Specific steps are outlined for working with the media, influencing trends in the food industry, and other approaches for affecting Americans' diet choices including such practical considerations as the cost to supermarkets for improved food labeling.

U.S. Department of Agriculture and U.S. Department of Health and Human Services. **La nutrition y su salud: Guias para su dieta.** (1991). Washington, DC: U.S. Department of Agriculture.

Contact: National Maternal and Child Health Clearinghouse, 38th and R Streets, N.W., Washington, DC 20057. Telephone (202) 625-8410 or (703) 821-8955, ext. 254. Available at no charge.

The 1990 third edition of *Nutrition and Your Health: Dietary Guidelines for Americans* is now available in Spanish. The 27-page booklet is written for educated consumers and health professionals. Of special interest is the recommendation for women who are trying to conceive or who are pregnant to avoid alcohol, and the inclusion of advice about children's weight and diets.

U.S. Department of Agriculture, National Agricultural Library, Food and Nutrition Information Center and National Association of WIC Directors. **Nutrition education resource guide: An annotated bibliography of educational materials for the WIC and CSF programs.** (1991). Beltsville, MD: Food and Nutrition Information Center, U.S. Department of Agriculture.

Contact: Food and Nutrition Service, Supplemental Food Programs Division, U.S. Department of Agriculture, 3101 Park Center Drive, Room 540, Alexandria, VA 22302. Telephone (703) 504-5719. Single copy available at no charge.

This 146-page resource guide, developed by the Food and Nutrition Information Center (FNIC) and the National Association of WIC Directors (NAWD), lists

nutrition education materials suitable for use with participants in the WIC program and Commodity Supplemental Food Program. The guide includes descriptions of materials selected according to evaluation criteria developed by the FNIC, NAWD and USDA's Food and Nutrition Service. The book is divided into the following sections: pregnancy; breastfeeding; infant feeding; feeding the young child; all program participant audiences; and program outreach.

U.S. Department of Agriculture, National Agricultural Library, Food and Nutrition Information Center. **Adolescent pregnancy and nutrition** (1991); **Vegetarian nutrition** (1991); and **Sensible nutrition** (1991). Beltsville, MD: Food and Nutrition Information Center, U.S. Department of Agriculture.

Contact: Food and Nutrition Information Center, National Agricultural Library, 10301 Baltimore Boulevard, Room 304, Beltsville, MD 20705. Telephone (301) 504-5719. Available at no charge.

These three Nuti Topics—*Adolescent Pregnancy and Nutrition, Sensible Nutrition,* and *Vegetarian Nutrition*—are brief reading lists designed to guide the initial stages of a search for information or resources on a particular topic. They include print and audiovisual materials and contacts for assistance, and are available in different versions for consumers, teachers, and health professionals.

U.S. Department of Agriculture, U.S. Department of Health and Human Services, and Food Marketing Institute. **Eating right with the dietary guidelines**. (1991). Washington, DC: Food Marketing Institute.

Contact: Consumer Affairs Department, Food Marketing Institute, 1750 K Street, N.W., Washington, DC 20006-2394. Telephone (202) 452-8444. Single copies of the brochure are available at no charge by writing: Consumer Information Center, Department 514-X, Pueblo, CO 81009. For information on ordering quantities or camera-ready copy, write: Consumer Affairs Department, Food Marketing Institute, 1750 K Street, NW, Washington, DC 20006-2394. Telephone (202) 452-8444.

This eight-panel brochure represents a condensed, consumer education version of the 1990 edition of *The Dietary Guidelines for Americans*. It has been made available to supermarkets for distribution to their consumers and is also available to professionals for use in nutrition education and nutrition counseling programs.

U.S. Department of Health and Human Services, Public Health Service, Health Resources and Services Administration, Maternal and Child Health Bureau. **Healthy children 2000: National health promotion and disease prevention objectives related to mothers, infants, children, adolescents, and youth.** (1991). Rockville, MD: Maternal and Child Health Bureau, U.S. Department of Health and Human Services.

Contact: National Maternal and Child Health Clearinghouse, 38th and R Streets, N.W., Washington, DC 20057. Telephone (202) 625-8410 or (703) 821-8955, ext. 254. Limited quantity of single copies. Available at no charge.

> *Healthy Children 2000* is a 244-page special compendium of the approximately 170 national health promotion and disease prevention objectives affecting mothers, infants, children, adolescents, and youth contained in *Healthy People 2000.*

U.S. Department of Health and Human Services, Public Health Service, National Institutes of Health, National Heart, Lung and Blood Institute, National Cholesterol Education Program. **Report of the expert panel on blood cholesterol levels in children and adolescents.** (1991). Bethesda, MD: National Heart, Lung, and Blood Institute, U.S. Department of Health and Human Services.

Contact: Information Center, National Heart, Lung and Blood Institute, 4733 Bethesda Avenue, Suite 530, Bethesda, MD 20814-4820. Telephone (301) 951-3260. Available at no charge.

> This 119-page report includes a review of the significance of blood cholesterol levels in childhood and adolescence; nutrient recommendations and recommendations to groups that influence the eating patterns of children and adolescents; and an individualized approach to cholesterol lowering aimed at identifying and treating children and adolescents who are at the greatest risk of having high blood cholesterol as adults and an increased risk of coronary heart disease. Recommendations for screening, diet therapy, and drug therapy are included.

U.S. Department of Health and Human Services, Public Health Service, Food and Drug Administration. **Eating defensively: Food safety advice for persons with AIDS** (1990); **Keep your food safe** (1991); and **FDA information for consumers: Publications and audiovisuals** (1991). Rockville, MD: Food and Drug Administration, U.S. Department of Health and Human Services.

Contact: Office of Consumer Inquiries, Food and Drug Administration, 5600 Fishers Lane, HFE-88, Rockville, MD 20857. Telephone (301) 443-3170. Single copies available at no charge; for up to 100 copies contact the Office of Communications (301) 443-3220.

Eating Defensively is an eight-panel pamphlet targeting educated consumers. It presents detailed food safety advice for persons with AIDS to minimize the risk of food poisoning. Topics covered include bacteria and food poisoning, shopping for food, eating at home, eating out, and traveling abroad.

Keep Food Safe is a 20-page booklet on food safety written for low-literacy consumers. It includes an overview of food safety issues, suggestions for making purchase decisions, food preparation and food storage hints, and what to do if you have questions.

FDA Information for Consumers: Publications and Audiovisuals, an 18-page booklet, includes a list of FDA publications and audiovisuals available for consumers. Among the new publications are: *The Perplexities of Pregnancy; Feeding Baby—Nature and Nurture* (in Spanish); *Fat Substitutes: A Taste of the Future; Food Labeling Reform—A Progress Report*; and the *Women's Health Series* (a videotape). Ordering information is provided and materials in Spanish are highlighted in a special section.

Updegrove, N. **Food and Nutrition Information Center microcomputer software collection.** (1991). Beltsville, MD: Food and Nutrition Information Center, U.S. Department of Agriculture.

Contact: Food and Nutrition Information Center, National Agricultural Library, 10301 Baltimore Boulevard, Room 304, Beltsville, MD 20705-2351. Telephone (301) 504-5719. Single copies are available free of charge. Onsite use of the software is by appointment only, Monday through Friday, 8 AM to 4:30 PM EST.

This 49-page updated version of the Food and Nutrition Information Center (FNIC) microcomputer software collection includes over 150 annotated listings of nutrition-related software programs and demon-stration disks available for onsite preview. The software types are organized into the following categories: diet analysis; food service management; food technology; health education; nutrition education; and recipes. A description of the software program is given including types of computers for which the software is available, the producer or distributor, and cost. Information is given on how to schedule and prepare for a visit to preview the software at FNIC.

MATERIALS FROM EDUCATIONAL, VOLUNTARY, AND PROFESSIONAL ORGANIZATIONS

American Public Health Association. **Healthy communities 2000: Model standards (3rd edition).** (1991). Washington, DC: American Public Health Association.

Contact: American Public Health Association, 1015 Fifteenth Street, N.W., Washington, DC 20005. Telephone (202) 789-5600. $24.50 members, $35.00 nonmembers plus $7.00 postage/handling.

This 473-page document is designed to help individuals in the public health community put the objectives of *Healthy People 2000* into practice and establish community health targets. It addresses the priority areas and age groups used in *Healthy People 2000* and includes all of the national objectives. The manual contains the purpose for model standards and details the infrastructure and administration needed for community implementation of the standards .

Association for the Care of Children's Health. **Family-centered care**. (1991). Bethesda, MD: Association for the Care of Children's Health.

Contact: Association for the Care of Children's Health, 7910 Woodmont Avenue, #300, Bethesda, MD 20814. Telephone (301) 654-6549. Available at no charge.

This brochure lists printed and audiovisual resources available from the Association for the Care of Children's Health to assist professionals in becoming familiar with and implementing family-centered care policies and programs. Resources are listed that explain the concepts of family centered care, promote family-centered care policies and practices in health, early intervention, education, and social services; and facilitate parent/professional collaboration and partnerships in providing care and services. The brochure also highlights resources for training, early intervention, pediatric AIDS, and families with special needs.

Best Start. **Best start: Breastfeeding for healthy mothers, healthy babies—Promotional and educational materials catalog and order form**. (1992). Tampa, FL: Best Start.

Contact: Best Start, 3500 E. Fletcher Avenue, Suite 308, Tampa, FL 33613. Telephone (813) 974-4867 or (800) 277-4975. Available at no charge.

This brochure lists television public service announcements, videotapes, posters, and pamphlets developed for use by WIC and other perinatal care organizations to help break down the barriers to, and communicate the benefits of, breastfeeding for economically disadvantaged mothers. Spanish and low-literacy versions are available.

Beyer, P. L. et al. **Reimbursement and insurance coverage for nutrition services**. (1991). Chicago, IL: American Dietetic Association.

Contact: American Dietetic Association, 216 West Jackson Boulevard, Suite 800, Chicago, IL 60606-6995. Telephone (312) 899-0040. $47.00 ($39.95 ADA members) plus $3.50 shipping/handling.

This handbook explains the payment options available for nutrition services in the health care financing system and provides detailed explanations for billing third-party payers. Ways to establish payment systems in inpatient, outpatient, private practice, and other settings are explored. Chapters also are included on practice guidelines, cost-effectiveness, and marketing. The appendix contains representative sample forms.

Citizens for Public Action on Blood Pressure and Cholesterol. **Cholesterol and kids: A parent's guide**. (1991). Bethesda, MD: Citizens for Public Action on Blood Pressure and Cholesterol.

Contact: Citizens for Public Action on Blood Pressure and Cholesterol, 7200 Wisconsin Avenue, Suite 1002, Bethesda, MD 20814. Telephone (301) 907-7790. $1.00 for brochure/poster; $3.00 for individual poster.

This fold-out brochure/poster highlights information contained in the National Cholesterol Education Program's report on blood cholesterol levels of children and adolescents (see page 12). Designed for parents, the brochure highlights the importance of a diet low in total fat, saturated fat, and cholesterol. It reminds parents that they are setting an example and provides suggestions for low-fat, low-cholesterol food choices. Preparation tips are included for breakfast, fast-food trips, eating out, lunch, snacks, kid's favorites, and dinner.

Commission on Practice Members, American Occupational Therapy Association, Inc. **Occupational therapy and eating dysfunction: Position paper**. (1989). Rockville, MD: American Occupational Therapy Association.

Contact: Practice Division, American Occupational Therapy Association, 1383 Piccard Drive, P.O. Box 1725, Rockville, MD 20850-4375. Telephone (301) 948-9626. Single copies available at no charge.

This two-page position paper asserts that occupational therapy is an essential service for the comprehensive management of eating dysfunction. Written for health professionals, the paper lists occupational therapy assessment and treatment areas related to sensorimotor, perceptual, neurological, and cognitive deficits affecting the eating/feeding process.

Kletzky, L. R., and Espinosa-Hall, G. **Maternal and infant nutrition bilingual counseling (2nd edition).** (1991). Beverly Hills, CA: Bilingual Counseling Center.

Contact: Bilingual Counseling Center, 251 North Rexford Drive, Beverly Hills, CA 90210. Telephone (213) 374-3189. $30.00; make check payable to Bilingual Nutrition Counseling.

This 94-page handbook designed to improve counseling sessions with Spanish-speaking women is organized in conversational and step-by-step English/Spanish format. A suggested line of questioning is given, often with more than one Spanish translation, taking into consideration regional differences in the Spanish language. The prenatal section includes assessment of pregnant women, 24-hour diet recalls, basic food groups, counseling and evaluation of dietary status and health risks, and common concerns of pregnancy. Subsequent sections cover postnatal issues and infant feeding. The appendices include a brief Spanish lesson, English/Spanish food lists, and suggested readings.

March of Dimes Birth Defects Foundation and International Food Information Council. **Healthy eating during pregnancy**. (1991). White Plains, NY: March of Dimes Birth Defects Foundation.

Contact: Professional Services Department, March of Dimes Birth Defects Foundation, 1275 Mamaroneck Avenue, White Plains, NY 10605. Telephone (915) 997-4517. Single copies available at no charge; up to 100 copies $0.50 each.

This 14-page booklet, written for health professionals, reviews nutritional requirements of pregnant women, including information on recommended weight gain, protein needs, vitamin and mineral supplementation, and the overall safety of foods in the diet. The booklet provides answers to common questions on healthy eating during pregnancy.

Morris, P. M. **Heading for a health crisis: Eating patterns of America's school children**. (1991). Washington, DC: Public Voice for Food and Health Policy.

Contact: Public Voice for Food and Health Policy, 1001 Connecticut Avenue, N.W., Suite 522, Washington, DC 20036. Telephone (202) 659-5930. $10.00 plus $2.00 shipping and handling.

This 44-page report produced by Public Voice for Food and Health Policy highlights analyses using the 1987–88 National Food Consumption Survey (NFCS) data examining the nutritional adequacy of the children 6 to 11 years of age. The 1990 U.S. Dietary Guidelines and the Recommended Dietary Allowances were used as

measures of adequacy. The report concludes that generally all elementary school-age children, of all income groups, consume too much fat, saturated fat, cholesterol, and sodium and too few carbohydrates, especially fiber. The report includes a detailed discussion of methods, results, conclusions, and recommendations.

National Consumers League. **Food and drug interactions**. (n.d.). Washington, DC: National Consumers League.

Contact: National Consumers League, 815 15th Street, N.W., Suite 928-N, Washington, DC 20005. Telephone (202) 639-8140. Available at no charge for members, $1.00 nonmembers; Spanish editions and bulk rates available.

This brochure is designed to help persons decide if their diet should be changed to adjust to the effects of a particular medicine. It covers the interactions that occur between food and commonly used medications, both prescription and over the counter. The medications are categorized by conditions and symptoms for which they are taken, such as allergies, infections, intestinal problems, pain, and gout. The brochure is for educated consumers and is available in Spanish. The American Pharmaceutical Association, Food and Drug Administration, Food Marketing Institute, and National Consumers League participated in its development.

National Dairy Council. **Nutrition during pregnancy and lactation: Key issues** (1991); **Chocolate milk in perspective** (1989); and **Calcium: A summary of current research for the health professional (2nd ed.)** (1989). Rosemont, IL: National Dairy Council.

Contact: Order Department, National Dairy Council, 6300 North River Road, Rosemont, IL 60018-4233. Telephone (800) 426-8271 or (708) 696-1020.

The May–June 1991 issue of *Dairy Council Digest* ($.89) is an interpretive review of recent research for health professionals on maternal weight gain; dietary intake, nutrient supplements, and special concerns during pregnancy; nutrient needs during lactation; and maternal nutrition status and breastfeeding outcome.

Chocolate Milk in Perspective ($4.50 plus shipping and handling costs) is a 26-page review of the scientific literature that provides basic facts related to chocolate milk. The report highlights the health concerns about chocolate milk including dental health, obesity, caffeine and theobromine, and oxalic acid and bioavailability of calcium. The use of chocolate milk in federal nutrition programs is also discussed. The review concludes that the consumption of chocolate milk as part of a nutritionally balanced diet has not been demonstrated to have any harmful effects on the health and behavior of children, nor does it contradict nutrition education efforts.

This revised edition of *Calcium: A Summary of Current Research* for the Health Professional ($4.50 plus shipping and handling costs) highlights the importance of calcium throughout the life cycle, diseases associated with calcium deficiency, and sources of calcium. Common concerns about calcium and dairy foods are also addressed.

National Osteoporosis Foundation. **Position Statements on Vitamin D and Calcium**. (n.d.). Washington, DC: National Osteoporosis Foundation.

Contact: Laurie Gibson, National Osteoporosis Foundation, 2100 M Street, N.W., Suite 602, Washington, DC 20037. Telephone (202) 223-2226. Available at no charge.

These one-page National Osteoporosis Foundation position statements, written for health professionals, provide a general overview of the nutrient and specifically address the general use of the nutrients for the prevention and treatment of osteoporosis.

National Osteoporosis Foundation and University of Connecticut Health Center, Osteoporosis Center. **Boning up on osteoporosis: A guide to prevention and treatment**. (1991). Washington, DC: National Osteoporosis Foundation.

Contact: Laurie Gibson Lindberg, Information Specialist, National Osteoporosis Foundation, 2100 M Street, N.W., Suite 602, Washington, DC 20037. Telephone (202) 223-2226. $2.00.

This 60-page booklet is a thorough overview on the prevention and treatment of osteoporosis. Prevention approaches are indicated for all stages of life including childhood, adolescence, young adulthood, midlife, and old age. Among the material presented are the following nutrition topics: the role of calcium; food sources of calcium and calcium supplements; the RDAs; lactose intolerance; calcium absorption and excretion; and vitamin D. Fourteen exercises for good posture and body mechanics are described and illustrated, as well as general guidelines for exercise programs. Information is included on estrogen replacement therapy, accident prevention, and additional suggested readings.

Nurses' Association of the American College of Obstetricians and Gynecologists, Committee on Practice. **Facilitating breastfeeding**. (1991). Washington, DC: Nurses' Association of the American College of Obstetricians and Gynecologists.

Contact: Nurses' Association of the American College of Obstetricians and Gynecologists, 409 12th Street, N.W., Washington, DC 20024-2188. Telephone (202) 638-0026. $6.00 each copy, $30.00 for six copies (Order as item number R18).

This 12-page nursing practice resource guide focuses on facilitating breastfeeding. The introduction highlights the importance of being culturally sensitive to the sources of support for new mothers and their disposition to breastfeeding. Sections are included on the advantages of breastfeeding, anatomy and physiology of lactation, initiation and maintenance of lactation, neonatal factors that affect breastfeeding, common postpartum problems, the cesarian birth mother, behaviors that support breastfeeding, and protocols for supporting breastfeeding.

MATERIALS FROM MCH SPECIAL PROJECTS OF REGIONAL AND NATIONAL SIGNIFICANCE (SPRANS)

American Dietetic Association. **Preparation of formula for infants: Guidelines for health care facilities**. (1991). Chicago, IL: American Dietetic Association.

Contact: American Dietetic Association, 216 West Jackson Boulevard, Suite 800, Chicago, IL 60606-6995. Telephone (312) 899-0040. $9.95 ($8.45 ADA members) plus $3.50 shipping/handling.

This manual provides in-depth guidelines for designing and monitoring a facility to prepare and handle formula for infants with special needs. Developed by a group of clinical and technical experts, detailed information is included on physical facilities layout, the equipment and supplies needed, the personnel and their training needs, procedures for preparation and handling of formula, as well as infection control, an overview of microbiological issues, and quality assurance indicators. [MCH SPRANS]

Dodds, J. M., and Kaufman, M. (Eds.). **Personnel in public health nutrition: A summary guide for personnel administrators** (1991); **Personnel in public health nutrition for the 1990s: A comprehensive guide** (1991). Washington, DC: Public Health Foundation.

Contact: Public Health Foundation, 1220 L Street, N.W., Washington, DC 20005. Telephone (202) 898-5600. $10.00 each.

These two publications are a revision of the 1982 publication *Personnel in Public Health for the 1980s*. The 134-page comprehensive guide is directed to nutrition program administrators, educators and students. The manual contains guidelines to assist nutrition personnel in planning, implementing, and evaluating programs aimed at improving the health and nutrition status of the general population and priority groups. Specific chapters cover the history of public health nutrition services and personnel, classifications of public health nutrition, and staffing public health nutrition programs. Appendices include benchmark position descriptions for each class of positions, methods for estimating direct service staffing needs, and curriculum guidelines.

The 127-page summary guide is directed to personnel administrators, directors, analysts, and others responsible for establishing positions and employing nutritionists in official and voluntary public health agencies. The report highlights nutrition professional and paraprofessional position classifications, functions, and qualifications and delineates the major duties, functions, and knowledge, skills, and abilities of public health personnel. [MCH SPRANS]

Hull, M. A., and Runyan, D. H. **The migrant farmworker nutrition manual**. (1990). Washington, DC: Child Development Center, Georgetown University.

Contact: National Clearinghouse for Primary Care Information, 8201 Greensboro Drive, Suite 600, McLean, VA 22102. Telephone (703) 821-8955, ext. 248. Available at no charge.

This comprehensive manual is a practical reference designed to enhance nutrition services in migrant health centers. The manual has specific sections for physicians, physician assistants, nurses, nutritionists, and paraprofessionals, such as outreach workers and health aides. The major topics are: evaluating nutrition status; eating for health; addressing special concerns; and maximizing food resources. Special focus topics are food and drug interactions, developmental disabilities, and nutrition folk medicine. The appendices include growth charts, nutrition screening forms, and case studies. A packet of handout material in both English and Spanish is included for easy reproduction; additional handouts are being developed for low-literacy clients. [MCH SPRANS]

Hynes, M., and Schwartz, R. **MCH related federal programs: Legal handbooks for program planners—The Special Supplemental Food Program for Women, Infants and Children (WIC).** (1991). Washington, DC: Association of Maternal and Child Health Programs.

Contact: National Maternal and Child Health Clearinghouse, 38th and R Streets, N.W., Washington, DC 20057. Telephone (202) 625-8410 or (703) 821-8955, ext. 254. Available at no charge.

This 28-page handbook is one in a series of reports developed by the Association of Maternal and Child Health Programs to assist state Title V programs in effectively coordinating with other federal programs. The handbooks provide information on the statutes and regulations underlying federal programs. They provide a structure and salient provisions relevant to the development of comprehensive, coordinated state and local MCH programs, such as coordinated service delivery strategies, colocation of clinics, and linking of data systems. Topics covered in this handbook include a history of the WIC program; current statutory and regulatory provisions for WIC; WIC/MCH coordination and intersecting issues; and a summary of state MCH program/WIC relationships. [MCH SPRANS]

National Center for Education in Maternal and Child Health. **Nutrition services for children with special health needs: Abstracts of active and completed projects FY 1985–1991.** (1991). Washington, DC: National Center for Education in Maternal and Child Health.

Contact: National Maternal and Child Health Clearinghouse, 38th and R Streets, N.W., Washington, DC 20057. Telephone (202) 625-8410 or (703) 821-8955, ext. 254. Available at no charge.

This 220-page monograph provides information on programs supported by the federal Maternal and Child Health Bureau to improve nutrition services for children with special health needs from 1985 to 1991. The genetics, demonstration, and training projects supported through special projects of regional and national significance (SPRANS) in which nutrition is the primary focus or a significant interdisciplinary component are identified and described. The appendices include a list of materials related to nutrition services for children with special health needs produced by active and completed SPRANS, and lists of nutrition professionals at the regional and state level who could provide information on state and local resources. [MCH SPRANS]

Ohio State University, Nisonger Center. **Nutrition and feeding problems of children with developmental disabilities: Order form**. (n.d.). Columbus, OH: Nisonger Center, Ohio State University.

Contact: Betty Kozlowski, Ph.D., Nisonger Center, Ohio State University, 434 McCampbell Hall, 1581 Dodd Drive, Columbus, OH 43210-1296. Telephone (614) 292-0825. Order form free; videotape $150 or $40 for preview/rental.

This 30-minute videotape provides an overview of major nutrition and feeding problems of young children with developmental delays or disabilities and selected factors that contribute to those problems. This training tape was developed for instructor-augmented use in upper-division preprofessional training and in-service and continuing education of professionals concerned with the provision of health and educational services to young children, and particularly to children with developmental delays and disabilities. This project was supported by Ohio State University as well as MCHB. [MCH SPRANS]

Ohio State University, Nisonger Center. **Nutrition education materials for developmentally disabled and non-disabled students**. (1990). Columbus, OH: Nisonger Center, Ohio State University.

Contact: Mary Ann Klie, M.S., R.D., Nisonger Center Nutrition Program, Ohio State University, 215 McCampbell Hall, 1581 Dodd Drive, Columbus, OH 43210-1296. Telephone (614) 292-0825. Available at no charge.

This one-page brochure provides information on two board games (The Healthful Choice Food Game and Build a Winning Meal) and a rhyming story (*The Story of How Fred Fiddle Got Fit*) developed to address the relationship of good nutrition choices and appropriate exercise to weight control and overall health. The materials are appropriate for use with able as well as with developmentally disabled students. These materials were supported by Ohio Department of Education, Nutrition Education and Training (NET) Program, and MCHB. [MCH SPRANS]

Philadelphia Department of Public Health, Maternal and Infant Health, Public Health Nutritionists. **Healthy Foods, Healthy Baby: Training manual**. (1991). Philadelphia, PA: Public Health Nutritionists, Philadelphia Department of Public Health.

Contact: Public Health Nutritionists, Maternal and Infant Health, Philadelphia Department of Public Health, 500 South Broad Street, Philadelphia, PA 19146. Telephone (215) 875-5927. $5.00 plus 8 percent shipping and handling charge.

This 47-page training manual is to be used by health professionals to conduct staff training, as well as a personal reference, to use *Healthy Foods, Healthy Baby* (featured

in the *MCH Program Interchange Focus on Nutrition*, October 1990). The booklet provides the pregnant adolescent with nutrition guidelines for pregnancy and solutions to common complaints such as heartburn, constipation, and nausea. For each prenatal nutrition topic addressed in the booklet, the training manual includes technical background and teaching strategies for persons with low-literacy skills. The manual shows how to use the booklet as an educational tool by an entire health care team. [MCH SPRANS]

Sharbaugh, C. O., with Egan, M. C. (Eds.). **Call to action: Better nutrition for mothers, children, and families: Proceedings**. (1991). Washington, DC: National Center for Education in Maternal and Child Health.

Contact: American Dietetic Association Publications Department, 216 West Jackson Boulevard, Suite 800, Chicago, Fl 60606-6995. Telephone (312) 899-0040. $20.00 ADA members, $24.00 nonmembers; Executive Summary $5.90 ADA members, $6.95 nonmembers.

This 356-page full report and 42-page executive summary contain issue papers and recommendations and strategies for action for improving MCH nutrition services. The recommendations promote coordination and collaboration among government and non-government organizations and are the result of discussions at a national workshop sponsored by the Maternal and Child Health Interorganizational Nutrition Group (described on page 4) with support from the Maternal and Child Health Bureau. Forty-four voluntary, professional, educational and nonprofit organizations, and 14 federal agencies participated in the workshop. Issue papers included in the full report are: Nutrition Services in the Maternal and Child Health Program: A Historical Perspective; Societal Trends that Affect Nutrition Status and Services for the Maternal and Child Health Populations; Women's Nutrition for Optimal Reproductive Health; Infant Nutrition; Child Nutrition; Adolescent Nutrition; Children with Special Health Care Needs; Needs Assessment for Nutrition Activities; Planning, Implementation, and Evaluation of Nutrition Programs; Components of Nutrition Services; Quality Assurance; Personnel; Financing; and Economic Analysis of Nutrition Care. [MCH SPRANS]

Spisak, S., and Gross, S. S. **Second followup report: Surgeon General's Workshop on Breastfeeding and Human Lactation.** (1991). Washington, DC: National Center for Education in Maternal and Child Health.

Contact: National Maternal and Child Health Clearinghouse, 38th and R Streets, N.W., Washington, DC 20057. Telephone (202) 625-8410 or (703) 821-8955, ext. 254. Available at no charge.

This 119-page report describes the results of a nationwide survey of organizations and agencies on breastfeeding promotion activities. The Surgeon General's Workshop on Breastfeeding and Human Lactation, held in 1984, issued recommendations for future breastfeeding promotion activities in six areas: professional education, public education, the health care system, support services in the community, support in the workplace, and research. The second follow-up report (the first follow-up report was published in 1985) contains the results of a survey on breastfeeding promotion activities related to these six areas, as well as on data collection efforts, barriers keeping women from breastfeeding, and suggestions for future breastfeeding promotion efforts. Trends in breastfeeding rates and legislative and social changes from 1985 to 1990 are also noted. Appendixes include statements from the Surgeon General, resource lists, National Association of WIC Directors Guidelines for Breastfeeding Promotion, Innocenti Declaration, WHO/UNICEF Ten Steps, and lists of recent completed research projects. [MCH SPRANS]

ANNOUNCEMENTS AND BRIEF DESCRIPTIONS OF CONTINUING EDUCATION OPPORTUNITIES AND OTHER EVENTS RELATED TO MCH

The following is a list of continuing education opportunities in maternal and child health. More detailed information can be obtained directly from the sponsoring educational institution/organization and/or individual contact mentioned.

Nutrition Training in Adolescent Health, Adolescent Health Training Centers Programs (AHTP), Pediatric Pulmonary Centers (PPC) and University Affiliated Programs (UAP). Multidisciplinary nutrition training in the specialty areas of adolescent health, pediatric pulmonary conditions, developmental disabilities, and mental retardation at the graduate and postgraduate level for nutrition fellows is available through the 20 UAPs, 9 PPCs, and 6 AHTPs located in university settings across the country. Types and lengths of training

vary by discipline and training program. For more information contact: Elizabeth Brannon, Director, Maternal and Child Health Training, Maternal and Child Health Bureau, 5600 Fishers Lane, Parklawn Building, Room 18A55, Rockville, MD 20857. Telephone (301) 443-2190.

Lactation Management Training, Designing Breastfeeding Intervention Programs: A One-Week Practicum. This hands-on experience in lactation management in different clinical settings is designed to give health professionals skills in planning and developing breastfeeding promotion programs for their own agencies. The practicum is scheduled on an individual agency basis. Cost: $550.00 for one-week practicum (not including housing); a second person can attend concurrently from the same agency for half price. For more information contact: Beth Everett, Chief Nutritionist, M & I Project, Grady Memorial Hospital, 80 Butler Street, Atlanta, GA 30335-3801. Telephone (404) 616-4932.

Intensive Course in Pediatric Nutrition, June 1–5, 1992 and November 2–6, 1992, in Iowa City, Iowa. This course is designed for professionals (i.e., physicians, nutritionists, nurses) from diverse backgrounds including individuals engaged in public health activities and those in private practice or in academic settings. This course is funded by a SPRANS Training Grant from the Maternal and Child Health Bureau. For more information contact: Judy Carney, Department of Pediatrics, College of Medicine, University of Iowa Hospitals and Clinics, Iowa City, IA 52232-1083. Telephone (319) 356-1831 or (319) 356-2651.

CHART SMART: Reimbursing Nutrition Services for Low Birth Weight Infants and Children with Special Needs, April 10, 1992, presented by the University of Tennessee Public Health Nutrition Program. This 1992 Region IV Public Health Nutrition Teleconference and Workshop is designed to improve the documentation skills of public health nutrition providers to justify appropriate reimbursement for nutrition services, particularly for low birthweight infants and children with special needs. For more information contact: Judith Shaw, M.S., R.D., Department of Nutrition, College of Human Ecology, University of Tennessee, Knoxville, TN 37996-1900. Telephone (615) 945-2892.

Intensive Short Course in Maternal/Perinatal Nutrition, June 14–18, 1992, in Gainesville, Florida. This course is a training program in nutrition for professionals who work with women, with an emphasis on pregnancy and lactation. For more information contact: Diane Dimperio or Barbara Bragg, c/o NCF-MIC Project, 15 SE First Avenue, Suite A, Gainesville, Florida 32601. Telephone (904) 392-4491.